



TAEKWONDO NEWSLETTER

July 2023

To purchase **T-shirts or uniforms**, please visit our website and order via the Uniform order form button on the home page.

If you miss a training session, please feel free to catch up by coming to another session, just look up the timetable on our website and select a convenient class to catch up, no need to let us know you are coming.

09 Jul Black belt grading

Sunday 2pm TSA Dojang, Sittingbourne

Black belt grading - Invitation only. No spectators.

15 Jul Tyger grading

Saturday 2pm (£20) TSA Dojang, Sittingbourne

Tyger grading. Must have a TSA uniform and most of the stamps for your grade. Check the syllabus on the website. Enter via the website, go to the Events page and follow the link to the entry form. Please make payment when you register. Deadline: Sunday 09 July 2023.

16 Jul Presentation evening

Sunday 4pm (£6 Under 5's free) Woodstock, Broadoak Road, Sittingbourne, ME9 8AG

Join us as we will be presenting our annual awards for this year, as well the results of the recent Black belt grading. Tyger of the Year, Competitor of the Year, Best Newcomer, Student of the Year, Black belt grading award. For tickets go to the Events page on the website. Deadline: 15 Jul 2023

Future events

06 Aug Taekwondo grading

Sunday 9am - start (£25)

Coloured belt grading. Please complete the form on the website for entry to the grading (Not for Junior Tygers). Must have done 6 months training prior to last grading (3 month if training twice a week). Check the syllabus on the website to see if you can do everything listed prior to entry.

Deadline: 30 Jul 2023

07-09 Aug Tyger holiday club (5-8yrs)

Monday, Tuesday, Wednesday 9am-3pm

£30 per day (£75 for all 3 days)

Fun games and activities. More details to follow.

14-16 Aug Taekwondo holiday club (8-13yrs)

Monday, Tuesday, Wednesday 9am-3pm

£30 per day (£75 for all 3 days)

Taekwondo skills, Fun games and activities. More details to follow.

18-20 Aug TSA Summer Camp

Friday to Sunday. 3 Days (2 Nights) Camping with various activities including Dodgeball World Championships, Beep test, Learn your pattern, morning run, TKD class, campfire Quiz, Summer camp Olympics, Children vs Adults Water fight.

Please book your space at the Summer camp using the form below. All children under 16yrs must be accompanied by a paying adult.



Website: www.tsatkd.org



Facebook page: <http://www.facebook.com/tsatkd>

YouTube: <https://www.youtube.com/user/kenttsataekwondo>



Over a hundred videos to help with your Taekwondo.

Next gradings

TYGER GRADING – Nov 2023

TKD GRADING – Nov 2023